

**DECISION** 

Reg. No. V 2014/814

Date 2014-09-18

Vice-Chancellor

## **Defibrillators**

Sudden cardiac arrest claims the lives of around  $10\ 000$  people in Sweden every year -37 per cent of them are of working age.

The response time is an important factor in the outcome of a sudden cardiac arrest. After making an emergency call, it can take up to 20 minutes before an ambulance arrives. Therefore, it is always important to make the emergency call and **start CPR immediately**. With a defibrillator within reach and staff members who know how to use such equipment, the chances of survival increase considerably. A heart-safe workplace provides security for employees, students and visitors.

On the initiative of Lund University's Health and Safety Committee, a working group has drawn up a proposal for *organising (directives and instructions, see appendix) provision of defibrillators*. The proposal has been out for review at the faculties, administrative divisions and other units.

In brief, the proposal means that every workplace is to be within a heart-safe zone. A workplace is considered to be every place where permanent work and/or studies are carried out.

For Lund University, a heart-safe workplace means that:

- there are routines and preparedness for handling a cardiac arrest and calling the emergency number 112
- there is competency in cardiopulmonary resuscitation, both with and without a defibrillator, so that help can be given immediately
- all staff members know who is competent in cardiopulmonary
- resuscitation
- all staff members know where the defibrillators are
- treatment with the defibrillator can start within three minutes

• the defibrillator should be registered in the national defibrillator registry

Lund University has carried out a procurement of defibrillators. According to the agreement, training for 10 people per defibrillator is included.

## Decision

The University has decided that all workplaces are to meet the requirements for a heart-safe workplace within a three-year period, at the latest by 31 December 2017, in accordance with the directives and instructions (see appendix) that Human Resources has drawn up.

The decision on this matter was made by the undersigned Deputy Vice-Chancellor in the presence of Head of Administration Susanne Kristensson, after a briefing by Human Resources Consultant Elisabet Ekenstam. Occupational Hygienist Åsa Gustafson and Chief Security Officer Per Gustafson also participated in the processing of this matter.

Eva Winberg

Elisabet Ekenstam (Human Resources)

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